OP'S SUMMER SPLASH IN JUNCTION CITY

Register now at OpheliasPlace.net

Drop-In

Summer Drop-in |Ages 10-18

Wednesdays, 2-5pm June 26, July 17, July 24, July 31, and August 7

Drop-in is a positive, relaxing environment where young women can hang out, eat a nutritious snack, engage in craft activities, and spend time with friends. All girls are welcome in our safe and supportive space.

One-Time Events

Kitchen Masters | Ages 10-18

Wednesday, June 26 2-5pm Learn how to make an easy & fun recipe.

Pizza & Movie Night | Ages 10-18

Wednesday, July 24 2-5pm Cozy up at OP with pizza, a movie, and fun activities.

Ultimate Frisbee | Ages 10-18

Wednesday, July 31 3 pm-4 pm Learn the basics of Ultimate Frisbee in a fun and safe environment. Facilitated by Emerald Valley Ultimate.

End-of-Summer Party

Wednesday, August 7 2pm-4pm Let's celebrate a great summer together! Treats and fun games.

Open st 7 House

Wednesday, August 7

4-6 pm You and the adults in your life are invited to join us at Ophelia's Place for a Community Open House! Check out the space, hear about all of the ways we support girls in Junction City, and spend time with friends. (There will be treats, too!) Supporting Youth with Trauma Healing - Virtual

For all caregivers and supporting adults (parents, grandparents, aunts/uncles, adult siblings, etc.) of preteens and older Saturday, June 22

10am-1pm FREE – Donations welcome.

Space is limited. Register by June 14.

This virtual workshop is designed for caregivers and other supportive adults to learn ways to support youth who have experienced trauma. Participants will learn about survival responses, varying types of trauma, and the emotional, mental, behavioral, and physical impacts of trauma. They will also learn strategies to support youth in their trauma healing journey. Advanced registration is required.

> **OPHELIA'S PLACE** Empowered girls change the world.

New to OP? We require 1-time orientations before joining or within two weeks of registering for all activities. Call <u>(541) 255-3820</u> or email <u>info@opheliasplace.net</u> to get started! 1497 Kalmia Street Junction City, OR 97448